

#CareAbout *Me*



Professional
Record
Standards
Body

#CareAboutMe promotes person-centred health and social care through use of the **About Me** standard.

From people to care professionals and system suppliers, we want to hear from you about your experiences using About Me.

- Has **About Me** information helped build trust in your health and care professionals?
- Has **About Me** helped you deliver more personalised care?
- By implementing **About Me** into your solutions, have you been able to demonstrate your commitment to support better health and care?



Get involved

www.info.theprsb.org/careaboutme

About Me



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The essential standard for person-centred care and support

The About Me standard helps people share information about their needs and preferences with health and care professionals, so that staff can provide better, more person-centred care whenever and wherever it is needed. The information can include whatever the person feels is important to them and it complements data that already exists in a health and care record:



What is most important to me



People who are important to me



My preferred methods of communication



My wellness



Please do and please don't



How and when to support me



Also worth knowing about me



Find out what About Me information should be documented and shared in health and care records

www.theprsb.org/standards/aboutme